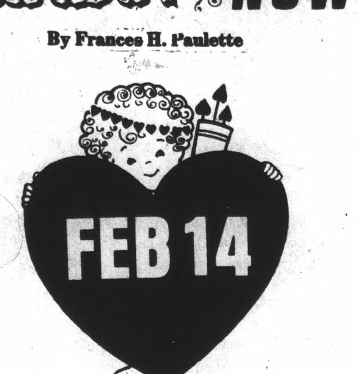
THEN and NOW!

By Frances H. Paulette



Valentine's Day

"Valentine, Valentine....." The words of the song go on and on and so does the custom of sending valentine. Millions of valentine cards are sent each year and almost an equal number of valentine gifts. With flowers, candy and jewelry the most popular choice for valentine giving, other items are fast gaining in popularity.

St. Valentine's day is not what is termed a legal holiday, but it is special, there's no doubt about that.

The most unusual fact about the day is that its patron, St. Valentine, had actually nothing to do with the customs connected with the fourteenth of February. Some of these customs were observed in ancient Rome long before the introduction of Christianity, when there were neither saints nor saints' days.

In those far-off days wolves were especially abundant and dangerous, and a destroyer of wolves was held in high honor; and so it came about that the old Romans held a celebration in the month of February called the Lupercalia, in honor of Lupercus, "the wolf destroyer". At this festival it was the custom, among other things, for the young people to draw lots for partners for the year. Hundreds of years later the same custom arose in England and France and then it was called St. Valentine's Day.

St. Valentine, it seems, was a priest in Rome whose life came to a sad end about the year 270 during the persecution of the early Christians. He was beaten with clubs and beheaded. Later the church canonized him.....or made him a saint .....and as it was most anxious to do all it could to weed out the old superstitous practices of pagan Rome, a new feast was introduced in place of the Lupercalia to which the name of St. Valentine was given because his day on the church calendar occured about the same time in the month of February. And that is about all that has been discovered about the earliest history of St. Valentine's Day.

Bailey, whose DICTIONARY was the forerunner of all our present big dictionaries says: "In England, about fourteenth of February, the birds choose their mates; and probably thence came the custom of the young men and maidens choosing valentines or special loving friends on this day." Besides the choosing of a person for a valentine for the year, it became the custom in England, from which this country gets our observances of the day, for the two persons who were valentines to exchange presents; afterward it became the custom for the gentleman only to give presents. Today, both gentlemen and ladies give valentine presents on that day.

In 1756 a young girl wrote in her diary: "Last Friday was Valentine's Day and the night before I got five bayleaves and pinned four of them to the four corners of my pillow and the fifth I pinned to the middle, and then if I dreamed of my sweetheart, I knew we would be married before the year was out. But, just to make sure, I boiled an egg hard and took out the yolk and filled it with salt; when I went to bed I ate it all, shell and all without drinking anything or speaking to anyone after eating it."

In some places, the suitor would write his valentine, and fastening it to an orange or an apple, would steal quietly up to the home of his sweetheart and toss it through the open window or door.

While the day was intended for the sending of pleasantr messages, the custom or sending 'comic' or ugly valentines came into practice many years later. People who would never make an ugly remark or say anything to hurt another human being would sometimes send a valentine that would ridicule, or hurt the person to whom it was being sent. We seem to have outgrown them and the 'pretty' or sentimental types of valentines are growing in popularity each year.

In a collection of valentine verses printed many years ago, the following was supposed to have been written by a confectioner:

Young Cupid's choicest sugar-plum
Affections purest drop..
Your sweetness has no rival
In the candies of my shop

I'll send you some vanilla
And I'll make you, love, a neat heart
Out of my rarest sugar,
If you will be my sweetheart.

Did YOU send someone a Valentine this year? Why Not? Oh well, there's always next year!!!

Dionne Warwick says: "Get your blood into circulation."

Call Red Cross now for a blood donor appointment.

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House of Delegates Comments

By Claude W. Anderson

The General Assembly has settled into a real grind this past week, and both Houses have agreed to extend the "short session" until February 24. The large amount of legislation has put a heavy strain on both Houses. As a result, the House has had a double sessions for the past week with committee meetings squeezed in between. Claude Anderson (D-Buckingham) has labeled this session as one of the busiest he has ever seen in his twelve years in the legislature.

The calendar this week has included issues such as marital property reform, bingo reform, and the barring of public disclosure of state employee's salaries.

The marital property bill passed the House 70-22. This bill gives legislative recognition to the concept of "marital property"---defining it to include almost any property acquired during the marriage. This bill was heavily backed by several women's organizations.

Bingo has passed its crucial second reading in the House. Delgate Ralph L. Axselle, Jr. (D-Henrico), anchored the debate. The final product, if approved, would still allow the playing of "instant bingo" but restricts a group to playing bingo two nights per week even though there are no restrictions on the number of nights a "bingo parlor" can operate. The bill is expected to pass its third reasding in the House after which it will go to the Senate for consideration.

Legislation introduced by Senator Hunter B. Andrews, (D-Hampton), has also created controversy. Andrews' bill would bar the disclosure of the salaries of a vast majority of state employees, including teachers. Many feel that disclosure of salaries has caused too much discontent within administrations, and Andrews charged that newspapers have been irrresponsible in their method of reporting salaries. This bill is expected to meet with much opposition in the House.

ERA will be considered in the House Privileges and Elections Committee on Wednesday, January 31. It appeared on an earlier docket, but the commmittee vote was postponed until the 31st. ERA however, is expected to be defeated by the committee as it has been for the past seven years.

Finally, an important public hearing will take place Thursday, February 1. The Mining and Mineral Resources Committee chaired by Delegate C laude W. Anderson will consider a bill designed to bring Virginia into compliance with federal mining regulations and, in general, attempts to update Virginia's mining and mineral development.

The end of this week is very filled, and most legislators plan to spend this weekend in Richmond attending committee meetings. Next week promises to be another week of long sessions and late night committee meetings.

Tech Offers Course To Those Interested In Ornamental Greenhouse Industry

The Horticulture Department at Virginia Tech in cooperation with the Virginia Cooperative Extension Service is offering a short course for individuals who are interested in entering or have recently entered the ornamental greenhouse industry. This will be held on February 21 and 22, 1979 on the campus of Virginia Tech. Topics will be discussed by faculty as well as leading businessmen in their field of interest. Subjects covered will be financing, greenhouse construction, greenhouse crop rotations, insect control and production of specific greenhouse crops. Tuition for this short course will be $20.00 plus room and board. Interested parties should contact Dr. Richard S. Lindstrom, Department of Horticulture, VPI & SU, Blacksburg, VA 24061 or call 703/961-6723.

HOLIDAY CHEER ORNAMENTAL PEPPER is a 1979 Bronze Medal All American winner. Holiday Cheer can bring the vibrant color of Christmas plants right into your summer garden. This little hot paper turned garden flower is more colorful than many summer annuals. Plants potted up in late summer can be brought along for winter holiday gifts if protected from frost.

Bushes top out at a height of 6 to 9 inches and spread to a foot or more across. The arrival of warm weather starts an exposion of color with fruits turning yellow, brushed with purple, then holly berry red. Mature plants are extravagantly colored with all three colors present on each bush.

Plants of Holiday Cheer take on a low spreading, flat topped shape when still young and begin setting on round creamed colored peppers the size of a

Gardeners who have tri ! Holiday Cheer in gardens praise it for every use from edgings to groupings in formal beds, containers and planter boxes. Wind and rain have little effect on the erect, wiry deep rooted plants.

For home garden use, plant seeds indoors 10 to 12 weeks prior to usual date of the last spring frost. Seeds sprout in about three weeks at about 70 to 75 degrees F. soil temperature. Grow seedlings under a special plant lamp or in a sunny window sill. When plants have developed three sets of leaves, transplant to individual three inch pots. Set plants outdoors in early summer 12 to 18 inches apart.

Don't confuse Holiday Cheer with the orange round fruited Jerusalem cherry, a pot plant with inedible fruits. You could eat the fruits of Holiday Cheer, but they may cause steam to come out of your ears.

I'm Fine

There is nothing whatever the matter with me - -.
I'm just as healthy as I can be.
I have arthritis in back and knees
And when I talk, I talk with a wheeze.
My pulse is weak, my blood is thin.
But I'm awfully well for the shape I'm in.

My teeth eventually had to come out,
And my diet I hate to think about.
I'm overweight and I can't get thin - -
My appetite is sure to win.
But I'm awfully well for the shape I'm in.

The moral is this as the tale we unfold - -
That for all of those who are growing old
It's better to say "I'm fine" with a grin
Than to let folks know the shape you're in!

Copied . . .

A Fine Place To Shop and Relax

By Harry D. Ferguson

We do have such a place here in our little town,
with very low prices that seldom are found.
It's on Church Street, walk in, Miss Mable and Kitty you will
met, smiling and ready to help you with your needs,
still smiling if your purchase is only a string of beads.
Mable and her daughter, Kitty, are both real nice,
working hard daily to hold down the price.
They both have a personality hard to beat,
at home, in office and on the street,
Mable does her best to treat each one the same,
that's why she deserves an outstanding name.
I knew Mable and her family years ago,
if it was a favor you needed the answer was never no.
She has a real nice jewelry store,
their personalities add even more.
You can walk in anytime of day,
Mable and Kitty always have something nice to say.
The reason I say it's a place to shop and relax,
I have known Mable for years and I know the true facts.
No need for me to say anymore,
to save money, visit Mable and Kitty at Wilkes Jewelry Store,
You will be happy when you do,
and at the same time save money, too.

3-County General District Court Gets Full-Time Judge

Judge Robert B. Spencer, Jr., of Buckingham County, was sworn in as full-time judge of the General District Court for the 10th Judicial District by Circuit Court Judge J. R. Snoddy, Jr., on Wednesday, January 31st.

Spencer has been part-time judge of the General District Court serving on the bench in Buckingham County since 1960 and in Cumberland County since 1973.

He was recently elected by the General Assembly to the third and last remaining full-time general district Judgeship allocated to the 10th Judicial District.

Spencer will preside over the court in Appomattox in addition to Buckingham and Cumberland.

The late Judge Charles F. P. Crawley retired at the end of the year after serving as General District Court and County Court Judge in Appomattox since 1946.

"Judge Crawley and I were the only remaining part-time judges in the 10th District," Spencer said.

"The 1973 General Assembly mandated all judgeships would become full-time posts by July 1980," Spencer added and three slots were set up for the 10th. "We were one of the few districts left," he added, "that had not filled all the llocated full-time judgeships."

Since Crawley's retirement, R. H. Gray, Jr., substitute judge, has presided over General District Court sessions in Appomattox.

Judge Spencer said court will be held two days a week in Appomattox, one day in Buckingham and one day in Cumberland.

Spencer is a graduate of the Dillwyn High School and received his B. S. degree from Hampden-Sydney College and his LLB degree from Washington and Lee University.

He is the son of the late Mr. and Mrs. R. B. Spencer of Buckingham County. They have one son, Robert Bruce Spencer, III, who is a freshman at the University of Richmond. He has been a practicing attorney in this area since 1952.

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Virginia Tweedy, left, "1978 Queen", crowns "1979 Valentine Queen" Janice McCormick as Christine Knight, President of the Delta Zeta Chapter, looks on.

1979 Valentine Queen Crowned

Janice McCormick was crowned "Valentine Queen 1979" during special ceremonies at the annual Valentine Dance held Friday night at the Avalon Club by the Delta Zeta Chapter, Beta Sigma Phi.

The new queen is serving as Vice President of the Chapter. Janice is married to Wayne E. McCormick and they are the parents of one daughter, Jennifer Lyn.

The decorations at the ball featured hearts and cupids. The royal throne was done in red, white and silver.

Mayor Ronald Spiggle served as Master of Ceremonies during the crowning of the queen.

Bonnie Pankey,
Publicity Chairman

Retirement Clothing Needs

BLACKSBURG - Clothing may make the person, especially in retirement.

"Often it is assumed that a person's clothing needs decrease after retirement," said Virginia Tech Extension specialist in clothing, Mary Helen Marshall.

But a variety of changes that come with retirement often mean changes in clothing, she said.

If the life style changes, then the clothing requirements will change. Persons going from a business world to a more leisure-oriented world, may find themselves needing more leisure clothing. Persons going to another climate may need different kinds of clothing too.

Also, a person grows older the natural changes in the body may require different clothing styles and colors if the person is to continue to look good.

"Looking good often equates with feeling good," the specialist said.

By making some changes in the kind of clothing to adjust to the physical changes, people will continue to look attractive.

Skin becomes dry, wrinkled, inelastic and thin as one ages. Also hair loses color and thins. So, soft pastel colors may be a better choice as the color of the skin and hair is less intense, Miss Marshall suggested.

The body shape changes too. Arms become flabby, the bust line drops, and the derriere becomes more flattened. These changes affect garment fit and comfort.

Clothing styles that have a fullness to them tend to camoflage these changes in the body and help the older person keep a good self-image.

Height changes too, the Virginia Tech faculty member said. There is a shortening of the skelton and rounding of the shoulders. Clothing that camouflages these changes, too, helps the older citizen continue to look good.

Clothing helps fulfill needs that range from social needs through need for approval, affection, and self identification, to comfort and safety." Miss Marshall said. So in planning for retirement, clothing need also should be considered.

Transco Signs Long-Term Onshore Gas Contract

HOUSTON, TX - Jan. 22 - Transcontinental Gas Pipe Line Corporation (TGPL) has signed long-term purchase contracts for natural gas reserves in Mississippi. It is the first time in a number of years the company has been able to compete for substantial long-term onshore gas supplies - a direct result of the Natural Gas Policy Act signed late in 1978.

"These significant reserves are the largest onshore gas acquisition made by TGPL since 1967," according to C. H. Mullendore, senior vice president-gas supply. He pointed out additional drilling either planned or underway may expand this volume. TGPL is one of the principal operating subsidiaries of Transco Companies Inc.

The natural gas field is located in Jefferson Davis and Marion Counties. The two principal operating groups are Harkins & Company and Tomlinson Interests, Inc. The field is adjacent to TGPL's main pipeline which carries natural gas to the transmission company's markets in 11 mid-Atlantic states.

"Very little facility construction was needed to connect the initial production to TGPL's existing pipeline system," said Mullendore.

"By the end of February the producers expect to be delivering 30 to 40 million cubic fee of gas per day," he said.

"Transco was a backer of the Natural Gas Policy Act and price deregulation for this very reason," Mullendore said. "Because we are an interstate pipeline, the price we could pay for gas was federally regulated. We had not been able to compete for onshore gas because the unregulated intrastate pipelines could pay more to producers for their gas reserves. This is the first of several major purchases Transco hopes to make in the onshore marketplace."

Concord Ruritans To Meet

On Monday, February 19, the Concord Ruritan Club will hold its monthly meeting and program at 7 p.m. in the Bethlehem Methodist Church of Concord. The business session, which will follow a club supper, will hear a report on the recent Ruritan National Convention; consider proposals for fund raising and civic activities during 1979; discuss plans for the dedication of the soon to be completed Ruritan Clubhouse and Community Center; distribute the club directory for the current year and receive the annual report of the Concord Volunteer Fire Department.

Club members extend a cordial invitation to all persons interested in making the community a better place in which to live and work to attend this meeting. For further information, call 993-3119 or 993-3281.

Concord Young Homemakers Club

Concord Young Homemakers Club held its February meeting at the home of Mrs. Roy Perrow.

Those from the Concord Chapter that attended the State Young Homemakers Convention at the Hyatt House in Richmond on February 2 & 3, 1979 were Mrs. Charlotte, Bryant, Mrs. Betsy Martin, Mrs. Barbara Metzs, Mrs. Colena Roberts, Mrs. Hazel Robinson, Mrs. Evelyn Perrow, Mrs. Helen Franklin, Mrs. Marie Perrow, Mrs. Evelyn Carroll, Mrs. Barbara Jordan, Mrs. Maude Braford (Advisor).

Betsy Martin served on the State Outstanding Member Committee.

Charlotte Bryant was installed as State Historian for 1979.

U.D.C. To Meet Tonight

The Appomattox Chapter of the United Daughters of the Confederacy will have their regular monthly meeting at Maudes Restaurant today, Thursday at 1 o'clock.

Reservations are not necessary for the luncheon. All members are encouraged to attend.

BIRTHDAYS

Tommy R. Gobble, Jr.	Feb. 24
Donna Mottley	March 1
Alice Ferguson	March 5
Virginia Fulcher	March 18
Edward Fulcher	March 18

YOUNG HEARTS CLUB TO MEET

The Young Hearts Club will meet on Thursday, February 22, at 10:30 at the Liberty Baptist Church.

Listen to radio station WTTX on the morning of February 22 for possible cancellation of meeting due to weather condition.

Society News

Call 352-8215

Mrs. Raymond Harris has returned to her home in Chesapeake after spending some time with her mother, Mrs. Rachel Cawthorne. Mrs. Cawthorne accompanied her daughter home and will spend several weeks with the Harris family.

* * *

Mrs. Bessie Robinson is improving after an illness last week. Her son, Carroll Robinson, and wife, Carolyn, were down over the week end.

* * *

Mr. and Mrs. Charles Fraley, III were Sunday dinner guests of his parents, Mr. and Mrs. Charles Fraley, Jr.

* * *

Attending the District V meeting of the Virginia Association of Volunteer Rescue Squads held in Farmville Saturday night were Mrs. Lloyd Hudson, Mr. and Mrs. Carl Almond, Dr. and Mrs. Kenneth Powell, Mr. and Mrs. Grover Beasley, Jr., Mr. and Mrs. Doug Seamster, Mr. and Mrs. Dink Lucado, Mr. and Mrs. Jimmy Rogers, Mr. and Mrs. Richard Bartlet, Pete Doss, Newton Tolley, Dale Franklin and Virginia Franklin.

* * *

Mr. and Mrs. Richard Poe of Richmond were week end guests in the home of his mother, Mrs. C. C. Poe.

Mr. and Mrs. Harry Mott and daughter Jennifer Courtney of Blacksburg were week end guest in the home of her mother Mrs. Frances H. Paulette.

* * *

Billy Chenault has returned to his home, much improved after a stay in the Lynchburg General Hospital.

* * *

Mr. and Mrs. George R. Kruer of Arlington, Virginia was week end guest of her mother Irvin C. Moses Febuary 4. Other guest in this home recently was Mr. and Mrs. Billy Coleman and grandaughter, S. R. Deaner of Jetersville, Virinia, Mrs. Emma Lemon and Mrs. Margaret O'Brien, Mrs. Bessie G. O'Brien, Mr. and Mrs. Bobby C. Garrett and sons, Jeff and Michel, Mr. and Mrs. Teddy Garrett and daughters, Cindy and Melissa, Bettie and Gerlynn Garrett and Mrs. Leonard Garrett and Barksdale Spiggle.

* * *

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Fine ARTS Center To Present Children's Play

The Lynchburg Fine Arts Center Children's Theatre School will present its winter production, the full length children's play **THE PRINCESS AND THE PEA** adapted by Pat Rosenthall from the Hans Christian Anderson classic children's story by the same name. The play will be performed at 4:15 p.m., February 22, and at 8:00 p.m., February 23 in the FAC Theatre.

The story revolves around the search for a "true princess" for Prince Peter. The kingdom can remain free only as long as there is a Royal King and Queen on the throne, but only a "true princess" can pass the test, marry the prince, and succeed to the throne. She must be able to feel a small pea through several matresses.

The search for a royal princess carries Peter through a host of exciting adventures that will thrill and entertain adults and youngsters from start to finish.

The cast of characters include: King Jasper-John Henderson, Queen Sarsaparilla-Edith Berryman, Jester-Rick Gillispie, Simon-Dave Mason, maid-Teresa Carwile, and Christy Kulman, Prince Peter-Jon Jordan, and Russell Smith, Mary-Wandie Landphair, and Michele Bolen, Zorina-Lydia Warrick and Jennifer Alty, Princess Prescilla-Cindy Sawyer, and Marcia Chamberlain, Witch Zelda-Shannon Clough, and Hilary Arnold, Indians-Cameron Arnold, Hampton Keister, Graham Redmond, and Ben Hunt.

Admission is $1.25 for children and students and $1.50 for adults. Tickets can be purchased at the door. There are no reserved seats. For further information call 846-8451 between 9:00 a.m. and 5:00 p.m. weekdays.

Chitterling Supper Planned At Piney River

The Piney River Volunteer Fire Department is sponsoring a chitterling supper from 2 p.m. to 8 p.m. on Saturday, February 17th.

The menu will include chitterlings, chicken, beef, turkey, vegetables and dessert.

All proceeds will benefit the Piney River Volunteer Fire Department.

WRECK ISLAND EXTENSION CLUB PLANS MEETING

The Wreck Island Extenson Homemakers Club will meet on Wednesday, February 21, 1979 at 1:30 in the afternoon in the home of Mrs. Helen McCraw.

All members are urged to attend this meeting.

Looking Good Makes You Feel Good

What we wear is a means of self-expression. This is especially true during the retirement or elderly years. The psychologial needs of this age group are basically the same as any age group. This group needs affection and opportunity for social contact. They want approval of others. They want people to recognize their own personal dignity; however, they do not want to be singled out or pitied. Like anyone else, they need friends. This need for peer associaion may be even greater to them now than in earlier years.

Clothing can help the retired or elderly meet their psychological needs for affection, self-expression and social contact. An interest in personal appearance can provide self-confidence and make them more attractive to others.

As a person grows older the natural changes in the body may require different clothing styles and colors if the person is to continue to look good.

Again, "Looking good often equates with feeling good." By making some changes in the kind of clothing to adjust to the physical changes, people will continue to look attractive.

Skin becomes dry, wrinkled, inelastic and thin as one ages. Also hair loses color and thins. Therefore, soft pastel colors may be a better choice than flashy or bold colors. The pastel colors will blend better with the less intense color of the skin and hair. They body shape changes too, arms become flabby, the bust line drops, and the derriere becomes more flattened. These changes will affect garment fit and comfort. Garments should be selected with style lines that are not only attractive but at the same time provide comfort, mobility and ease of body movement.

During the elderly years, the height also changes. There is a shortening of the skeleton and rounding of the shoulders. Clothing that camouflages these changes, too, helps the older citizen continue to look good.

When selecting ready-to-wear remember:

1. Select more classical designs instead of "trendy" clothes that are fashionable for only one season. This will save money as well as prevent frequent shopping trips. 2. Choose clothes that are flattering to skin tones and hair coloring. 3. Choose easy fastening garments. 4. Select clothes that are easy to put on and take off. Garments that can be stepped into rather than ones that must be pulled over the head may be more accessible. 5. Wear lower and sturdier heels. 6. Select clothing that is comfortable and easy to care for.

Clothing helps fulfill needs that range from social needs through need for approval, affection and self-identification, to comfort and safety.

K. Lonnette Marsh
Extension Agent

Bill Stanley Receives Degree From LC

Thirty-seven undergraduates completed requirements for degrees in January at Lynchburg College.

William Elliott (Bill) Stanley of Appomattox was one of the students to receive his degree. Bill received a Bachelor of Arts degree with a Spanish major. He is the son of Mr. and Mrs. Harry B. Stanley, also of Appomattox.

Appomattox Extension Club To Meet

The Appomattox Extension Homemakers Club will hold its regular monthly meeting Tuesday, February 20th, at 10 a.m. at Liberty Baptist Church in the fellowship hall.

All members are urged to attend.

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